



2017/18 School Year
First Semester

Events & Service Options

GoPacks Program

2017/18 School Year Events & Service Options

The GoPacks program is all about helping each other. We believe that our community is a better place when everyone gets involved, and that everyone has something to give.

We invite you to participate in as many of the following **free** events as you can. However, per the GoPacks agreement, you have agreed to participate in at least one.

October 2017:

- **Family Career Awareness Day – Thursday, October 19, 2017, 4:00 – 7:00 pm,**
Washington County Fairgrounds Jr. Fair Building, **For Students in Grades 7 – 12 & Parents**



Family Career Awareness Day is a parent and student event that is designed to provide families an opportunity to talk with local businesses about potential local careers for students. This way, parents and students hear the same message at the same time and conversations about the future can take place. **Free pizza, door prizes, handouts, and student incentives!**

Sponsored by Building Bridges to Careers

- **Child Trauma Class – Wednesday, October 25, 2016, 4:15 – 5:45 pm,**
Washington Elementary School, **Open to parents from all elementary schools.** The class will begin at 4:15 pm to allow time for parents to arrive from other schools. *From 3:45 to 4:15 we will play Bingo and have snacks while waiting for all to arrive.* The class is for parents; supervised children's activities will be offered in a separate room nearby. Elaine Corbitt from Family and Children First will discuss the affects trauma has on individuals, families and communities, with a focus on children. Come learn about trauma and its affects along with some skills to help your child better deal with trauma.



- Harmar Kids Can Cook – 3 session/week cooking class for kids

First Class - Tuesday, October 30, 2017, 4:00 – 5:30 pm,

(Second class - Tuesday 11/6, Third Class - Tuesday 11/13) Harmar Elementary School, Open to GoPacks students from all elementary schools, class size will be limited to 12 students, with priority given to Harmar students.

Cindy Styer from our local Ohio State University Extension office will once again be teaching our students about cooking, kitchen safety, and nutrition. **These classes will be completely hands-on, with the kids cooking and tasting their creations.** Sign up sheets will be sent home prior to the class. Be sure to put this on your calendar!

November 2017:



- Putnam Kids Can Cook – 3 session/week cooking class for kids

First Class - Thursday, November 2, 2017, 4:10 – 5:40 pm,

(Second class - Thursday 11/9, Third Class - Thursday 11/16) Putnam Elementary School, Open to GoPacks students from all elementary schools, class size will be limited to 12 students, with priority given to Putnam students.

Cindy Styer from our local Ohio State University Extension office will once again be teaching our students about cooking, kitchen safety, and nutrition. **These classes will be completely hands-on, with the kids cooking and tasting their creations.** Sign up sheets will be sent home prior to the class. Be sure to put this on your calendar!

- YMCA GoPacks Open Swim Night – Friday, November 3, 2017, 6:30 – 7:30 pm

First Friday nights of the Month, 6:30 – 7:30 pm, Marietta Family YMCA, 300 N 7th St, Marietta, Ohio. (Pool closes at 7:45, Y at 8:00 pm.)



On the first Friday night of the month, grab your swim suit and a towel and head over to the Y for some fun and low impact exercise. Let them know you're from GoPacks at the front desk, then head over to the pool. Open to adults and children, locker rooms on site for changing and drying off.

- Harmar Kids Can Cook – 3 session/week cooking class for kids

Second Class - Tuesday, November 6, 2017, 4:00 – 5:30 pm,

(Third Class -Tuesday 11/13), Harmar Elementary School



- **Day of the Dead Sugar Skull Workshop - Tuesday, November 14, 2017, 3:45 pm,**



Washington Elementary School

Students are invited to join local artist, Prudence Burgardt, at this workshop that will study the Mexican holiday, “Day of the Dead.” Come hear how this holiday celebrates LIFE and decorate your own Sugar Skull! RSVP Sheets will be sent home prior to this workshop.

- **Day of the Dead Sugar Skull Workshop - Wednesday, November 15, 2017, 4:00**



pm, Phillips Elementary School

Students are invited to join local artist, Prudence Burgardt, at this workshop that will study the Mexican holiday, “Day of the Dead.” Come hear how this holiday celebrates LIFE and decorate your own Sugar Skull! RSVP Sheets will be sent home prior to this workshop.

- **Parent Café – First Session Wednesday, November 29, 2017, 5:30 – 7:30 pm,**
Family & Children First/Help Me Grow Office, 202 Davis Ave., Marietta, OH



The Parent Café is a meeting where families can get more information and the support they need to keep their children healthy and safe, and help them grow up to be successful members of their community. We all know that being a parent is not easy. By building relationships with other families, having conversations that matter, and sharing your opinions and values, these events assist in strengthening the protective factors that are already present in YOUR life.

Free meal and childcare provided; Pizza dinner at 5:30pm, Parent Café 6:00-7:30 pm. Register soon – spots are limited – 740-376-7081, fcfhmg@suddenlinkmail.com

December 2017:

- **YMCA GoPacks Open Swim Night – Friday, December 1, 2017, 6:30 – 7:30 pm**

First Friday nights of the Month, 6:30 – 7:30 pm, Marietta Family YMCA, 300 N 7th St, Marietta, Ohio. (Pool closes at 7:45, Y at 8:00 pm.)



On the first Friday night of the month, grab your swim suit and a towel and head over to the Y for some fun and low impact exercise. Let them know you’re from GoPacks at the front desk, then head over to the pool. Open to adults and children, locker rooms on site for changing and drying off.

- **Handmade Christmas Workshop - Tuesday, December 5, 2017, 4:00 pm,**



Putnam Elementary School

Students are invited to join local artist, Prudence Burgardt, at this workshop that will study the Mexican holiday, “Day of the Dead.” Come hear how this holiday celebrates LIFE and decorate your own Sugar Skull! RSVP Sheets will be sent home prior to this workshop.

- **Handmade Christmas Workshop - Wednesday, December 6, 2017, 4:00 pm,**



Harmar Elementary School

Students are invited to join local artist, Prudence Burgardt, at this workshop that will study the Mexican holiday, “Day of the Dead.” Come hear how this holiday celebrates LIFE and decorate your own Sugar Skull! RSVP Sheets will be sent home prior to this workshop.

- **Parent Café – Second Session Wednesday, December 6, 2017, 5:30– 7:30 pm,**
Family & Children First/Help Me Grow Office, 202 Davis Ave., Marietta, OH



The Parent Café is a meeting where families can get more information and the support they need to keep their children healthy and safe, and help them grow up to be successful members of their community. We all know that being a parent is not easy. By building relationships with other families, having conversations that matter, and sharing your opinions and values, these events assist in strengthening the protective factors that are already present in YOUR life.

Free meal and childcare provided; Pizza dinner at 5:30pm, Parent Café 6:00-7:30 pm. Register soon – spots are limited – 740-376-7081, fcfhmg@suddenlinkmail.com

Ongoing:

The following opportunities are **offered on a continuous basis** throughout the year.

- **Adult Basic and Literacy Education Classes To Complete Ohio High School Diploma**

Three Locations, Multiple Times:

- **Washington State Community College, Marietta, OH- Monday & Wednesday 6 - 9:00 pm**

- Washington County Career Center, 21740 State Route 676, Marietta, OH Tuesday & Thursday 9:00 am- 12:00 pm OR Tuesday and Thursday 1:00 - 3:00 pm OR Tuesday, Wednesday, and Thursday 6:00 - 9:00 pm
- St. Mark's UMC, 302 Maple Street, Belpre, OH - Tuesday, Wednesday, & Thursday 5:30 - 8:30 pm

Free classes to adult students needing to earn an educational credential (GED) or to help learners brush up on skills to gain better employment or enroll in Post Secondary Education (college or career centers). New sessions offered on a rolling basis. Classes cover reading, writing, math, science, social studies and computer literacy. **Upon enrolling in our program, students will receive a voucher of \$80 that can be applied to the cost of the GED test** - this means students only pay \$40 to take the test! To register call 740-885-5990.



- **Parenting Wisely Program**– Call to schedule an appointment - 740- 376-7081 Family & Children First Office, 202 Davis Avenue, Marietta, OH.

2 Programs available: Young Children and Adolescents

PARENTING ... Is not an easy job for anyone! Why do children and teenagers act the way they do? How can you encourage cooperation from your children? What will improve relationships among family members? Access FREE, short, evidence-based parenting skills training at a time convenient for YOU!

HOW DOES IT WORK? Using a computer, watch scenes of common daily problems; choose a solution; watch and see how effective your solution was! Program completed in 1½ - 3 hours. No computer skills necessary! Certificates Awarded!

Available to the public between 9:00 am and 5:00 pm Monday through Thursday. (Evening times may begin at 5:00.)



Big Brothers Big Sisters– Community Based Program & Youth in Leadership Program - Children are matched with adult volunteers (Big Brothers, Big Sisters, or Big Couples) for a mentoring relationship that lasts for one year or longer. Bigs and Littles can be found in as many places as their mutual interests take them: soccer fields, fairs, libraries, theaters, kitchens, and backyards. Bigs and Littles have fun while forming a strong relationship that leads to positive outcomes for the child.

Littles are:

- 5-17 years old
- Reside in Athens, Washington, Vinton, or Meigs Counties
- Referred to Big Brothers Big Sisters by a school employee, social worker, or a parent/guardian
- Eager to spend 1-2 hours a week with a Big Brother or Big Sister

- Have the full support of the parent/guardian to participate in the program

Bigs:

- Complete a thorough background check, an interview with a staff member, a home visit, and training
- Are 19 years of age or older
- Have a valid driver's license and automobile insurance
- Spend a minimum of 1-2 hours a week for one year (or longer!) with a child
- Are committed to improving the way children grow up in our community

Contact Willa O'Neill, Big Brothers Big Sisters Program Coordinator - Washington County at willa.oneill@bbbsathens.org or Heather Warner, GoPacks Executive Director at 740-628-5533, if you want to learn more about enrolling your child in the Big Brothers Big Sisters program.

- **Help Your Child's School** – Throughout the school year, Washington, Harmar, Phillips, & Putnam Elementary Schools



Parents can help by attending PTO meetings, SPDG meetings, help at Book Fairs and more. See your GoPacks School Coordinator or Principal for current needs.

- **Help Sort Food Used in Weekly GoPacks Bags.** – Various Days & Times



The items sent home in your child's GoPacks are sorted and packed each week. Speak to your GoPacks School Coordinator, School Representative or Contact Executive Director, Heather Warner at 740-628-5533 to schedule a time to help with this needed task.

- **Salvation Army Christmas Bell Ringing** - Various Locations around Marietta & Belpre from just before Thanksgiving through Christmas Eve every day (except Sundays & Thanksgiving Day).



Contact Captains Aaron Moore or Wanessa Moore at 740-373-4043, or in person at the Salvation Army, 136 Front St., Marietta, OH to set up a time.

- **CCM&EP (Comprehensive Case Management & Employment Program)** - Offered throughout the year, Washington Job & Family Services, 115 Gilman Ave., Marietta, OH
Various free services offered for residents ages 14 to 24. Services include tutoring, paid and unpaid work experience, occupational skill training, leadership development opportunities, adult mentoring, comprehensive guidance and counselling, financial literacy education, entrepreneurial skills training, employment opportunities, and more. Contact Candy Nelson @ 740-434-0518 to see what services best match your needs.



Coming Next Second Semester:

The following opportunities will be offered next semester. More details to come in our Second Semester Catalog.

- *Washington Kids Can Cook – 3 session/week cooking class for kids*



Classes - Tuesday, April 3, April 10, April 17, 2018, 3:45 – 5:15 pm,

Washington Elementary School

Open to GoPacks students from all elementary schools, class size will be limited to 12 students, with priority given to Washington students.

- *Phillips Kids Can Cook – 3 session/week cooking class for kids*



Classes - Thursday, April 5, April 12, April 19, 2018, 4:00 – 5:30 pm,

Phillips Elementary School

Open to GoPacks students from all elementary schools, class size will be limited to 12 students, with priority given to Phillips students.

- *Strengthening Families Program* – Tuesdays, beginning February 20, 2017. 5:30 – 8 pm (dinner 5:30-6:00); meets for 7 weeks, Ely Chapman Center, 403 Scammel Street, Marietta, Ohio. **For Parents and Youth (age 10-14).**



This program helps to build family strengths, strengthen parenting skills, prevent teen substance abuse and other behavior problems. The program is delivered with seven sessions for parents, youth, and families using realistic videos, role-playing, discussions, learning games, and family projects. In just seven two-hour sessions you will learn how to show love while setting limits, your children will develop skills in handling peer pressure and building a positive future, your family will grow and have fun together. Each class includes **free dinner & child care for younger siblings. Free or assisted transportation available.** Call 740-373-7081 for more information or to register. **This class is highly recommended by those who have completed the program.**

- *American Red Cross CPR/First Aid Class* –



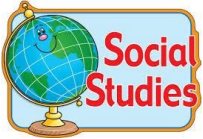
Prepare for the unexpected with CPR and First Aid Training. See our Second Semester Catalog for dates and locations.

- **Container Garden Workshop – Date T.B.D.**



You don't need a huge yard to grow your own vegetables! Join us at our Container Garden Workshop and learn what plants are best to grow in a compact container for optimal yields. Unlike traditional gardens, container gardens can travel with you if you move! This very popular workshop from last year will be offered once this upcoming spring. See our Second Semester Catalog for dates and locations.

- **Putnam Social Studies Night – Tuesday, February 27, 6:00 – 8:00 pm**



Putnam Elementary School

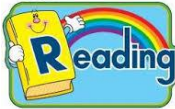
Come learn about social studies with your child at Putnam Elementary School's Social Studies Night. See our Second Semester Catalog for more information.

- **Washington Math & Literacy Night - Beginning of March, 2018**



Washington Elementary School

Come learn about math and reading with your child at Washington Elementary School's Math & Literacy Night. See our Second Semester Catalog for more information.



- **The Incredible Years – Mondays, beginning on February 5 – May 2, 2017, 5:30 – 7:30 pm., meets for 14 weeks; Last class May 14. Family & Children First, 202 Davis Avenue, Marietta, Ohio. For parents of children ages 3 – 6.**



The Incredible Years Preschool Basic program strengthens parent-child interactions and attachment, reduces harsh discipline, and promotes children's social, emotional, and language development. Parents also learn how to build school readiness. For more information or to register, call 740-376-7081.